

LIVE LENT

FEBRUARY 18–APRIL 4, 2026

Prayer, fasting, almsgiving, penance, dying to self, the desert. Sometimes it can seem like Lent is a season of endurance and deprivation. But the penitential and spiritual practices of Lent are not ends in themselves. **Lent is a time for living**—a time for renewal of mind and heart.

From Ash Wednesday through Holy Week, here are the many ways we invite you to **LIVE LENT** this year.

FASTING & ABSTINENCE

According to the United States Conference of Catholic Bishops (USCCB), Ash Wednesday and Good Friday are obligatory days of fasting and abstinence for Catholics. In addition, Fridays during Lent are obligatory days of abstinence. For members of the Latin Catholic Church, the norms on fasting are obligatory from age 18 until age 59. When fasting, a person is permitted to eat one full meal, as well as two smaller meals that together are not equal to a full meal. The norms concerning abstinence from meat are binding upon members of the Latin Catholic Church from age 14 onwards.

MASS TIMES

Monday-Friday

7 a.m., 8 a.m., 11:30 a.m.

Saturday

8 a.m., 11:30 a.m. | 4:30 p.m. (Vigil)

Sunday

8 a.m., 10 a.m., 12 p.m., 6 p.m.

There will be no morning Masses on Holy Thursday (April 2) or Good Friday (April 3). There will be no morning Mass or 4:30 p.m. Mass on Holy Saturday (April 4).

ASH WEDNESDAY

February 18

St. Gertrude Parish will celebrate Mass at 7 a.m., 8 a.m., 11:30 a.m., and 7 p.m. Ashes will be distributed at all Masses.

FRIDAY FISH FRY

February 20, March 6 & 20 | 5-7:30 p.m.

St. Gertrude Parish Gym

Our Friday night Fish Fry is back for 2026 with the same delicious meals you have come to love. Dine-in and carryout available.

Visit bit.ly/2026FishFry or scan the QR code to view the menu, place your carryout order online, or sign up to volunteer.



STATIONS OF THE CROSS

February 20; March 6, 13, 20, 27; April 3 | 7 p.m.

Church

Recall and meditate on 14 specific events of Jesus' passion and death by praying the Stations of the Cross with us on Fridays during Lent.

MOTHER OF MERCY ADORATION CHAPEL

Open daily from 7:30 a.m. to 9 p.m. Stop in to spend some time with Jesus this Lent. (The chapel is tucked in to the right side of the Parish Center. You can access it from the parking lot by walking down the sidewalk between the Parish Center and the church; the chapel will be on your left.) *The chapel will be closed April 2–5.*

RECONCILIATION

God is always ready to forgive. Experience his merciful love this Lent through the sacrament of Reconciliation, offered Monday–Friday at 4 p.m., Wednesday at 7:30 p.m., and Saturday at 3:30 p.m. *There will be no confessions on Ash Wednesday at 7:30 p.m. or during the Easter Triduum. Wednesday, April 1, will be the last opportunity to receive the sacrament of Reconciliation before Easter.*

Unity & Mission:

Your Role in the Redemptive Work of Christ

with Father Leo Camurati, O.P.



Join us for an impactful three-day Lenten mission to rediscover the unity of all creation, the unity of Christians, and your unique role in the redemptive mission of Jesus.

March 7-8 Father Leo Will Preach at All Masses

Mission Schedule

6:40 p.m. Group Rosary | 7 p.m. Talk + Confessions | 7:40 p.m. Exposition
8:10 p.m. Benediction | 8:30 p.m. Closing Reception on March 11

March 9 Day 1: God's Unity and the Unity of Creation

March 10 Day 2: The Unity of Faith

March 11 Day 3: The Unity of Baptism

MARCH 7-11, 2026
ST. GERTRUDE CHURCH

A Mother's Sorrow

February 27 | 7 p.m. | Church

At the outset of Lent, this contemplative musical meditation, featuring acclaimed mezzo-soprano Christina Hazen and string orchestra, centers on two strikingly contrasting settings of the *Stabat Mater*, the ancient 13th-century hymn that recalls the suffering of the Virgin Mary at the foot of the cross. To learn more and get your tickets, visit bit.ly/MothersSorrow or scan the QR code.

General Admission \$25; Student \$10 (with valid ID); Children under 12 free. Maximum \$60 per family.



TURNING SORROW INTO JOY!

March 24 | 6:30-8:30 p.m. | St. Dominic Lobby

How can we experience consolation while we suffer? Join Carl Brown—author, national speaker, and director of operations for the Archdiocese of Cincinnati's Stewardship department—as he discusses his book, *Something You Can Count On: The Rosary of the Seven Sorrows of Mary*. Carl's powerful presentation will help you reframe your suffering so you can experience true joy.

LENTEN BOOK STUDY

February 25, March 4 & 18, April 1

Prepare your heart and mind for Easter with a Lenten book study of *The Tears of Christ: Meditations for Lent* by St. John Henry Newman. This study is \$11 and meets on four Wednesdays for lunch and discussion. Scan the QR code or visit bit.ly/TearsOfChrist to learn more and sign up. Limited to 15 adults!



CHORAL TENEBRAE

April 1 | 8 p.m. | Church

Also known as the Service of Darkness, Choral Tenebrae is conducted in near darkness—the only source of light is a series of candles on the altar. After each portion of the liturgy, a candle is extinguished until the entire church is dark. Throughout the service, the choir will chant the great sorrowful psalms and lamentations from Scripture and motets that reflect upon the Passion. Our service will include Dominican elements of Tenebrae and will be sung by the Capella and Novitiate Choir. Together, they will sing Gregorio Allegri's famous setting of Psalm 51, *Miserere mei*.

HOLY WEEK & EASTER LITURGIES

March 29-April 5 | Church

March 29 | Palm Sunday

8 a.m., 10 a.m., 12 p.m., 6 p.m. Mass

April 1 | Wednesday of Holy Week

8 p.m. - Choral Tenebrae

April 2 | Holy Thursday

8 a.m. - Morning Prayer with Friars & Novices

7 p.m. - Mass of Our Lord's Supper

April 3 | Good Friday (No Mass)

8 a.m. - Morning Prayer with Friars & Novices

3 p.m. - Our Lord's Passion (Communion Service)

7 p.m. - Stations of the Cross and Entombment of Christ

April 4 | Easter Vigil

8 a.m. - Morning Prayer with Friars & Novices

8:45 a.m. - Blessing of Easter Baskets

9 p.m. - Easter Vigil Mass

April 5 | Easter

8 a.m., 10 a.m., and 12 p.m. Mass



St. Gertrude
PARISH

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